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### Lesson 4

# THE BREAD OF LIFE (JOHN 6)

#### **Outline of John Chapter 6**

- 1A. Jesus Feeds the Five Thousand (John 6:1-14).
- 2A. Jesus Walks on the Water (John 6:15-21).
- 3A. Jesus Is Sought After (John 6:22-29).
- 4A. Jesus Is the Bread of Life (John 6:30-59).
- **5A.** Jesus Loses Many of His Followers (John 6:60-71).

#### Jesus Feeds The Five Thousand

As we come to John chapter 6 we learn of yet another miracle that Jesus performed (compare John 6:14). What are some of the miracles that we have already studied in the first five chapters of John's gospel?

The feeding of the five thousand is one miracle that all four gospel writers tell us about. You can read about this event not only here in John chapter 6 but also in Matthew 14:15-21; Mark 6:32-44 and Luke 9:12-17. It must have been an important miracle if the Bible tells us about it in four different places!

What is another name for the Sea of Galilee (John 6:1)?
Can you find this large lake on a map of Palestine? It was
near the shores of the Sea of Galilee that Jesus performed this miracle. In fact, the two
small fish that the young boy had (see John 6:9) must have been caught in this sea
(which was like a large lake, comparable to Sebago Lake in Maine).

Why was there such a great multitude (crowd) of people following Jesus (read John 6:2 and circle the correct answer):

- a. because they wanted to be saved and have their sins forgiven
- b. because they wanted Jesus to be their Lord and Master and do whatever He said
- c. because they had seen the way He had healed those who were diseased
- d. because they wanted to be born again

How many people were there when Jesus performed this feeding miracle? This miracle is usually called "the feeding of the 5000" but actually more than 5000 were fed.

Philip thought it was totally impossible to buy food for such a vast number of people. Would even 200 pennies (200 denarii) be enough to buy bread for each person to take just a little (John 6:7)? \_\_\_\_\_\_ Two hundred denarii is a large sum of money. The silver denarius was a Roman coin. It was the amount of money that an average worker would receive for one day's work. For a man to earn two hundred denarii he would have to work \_\_\_\_\_\_ days! How much money does an average worker make todayfor one day's work? Multiply this by 200 and you will understand the amount of money Philip was talking about!

Philip should have said something like this: "Lord, it's impossible for us to buy food for all of these people. If You want these people fed then You will have to do something. A miracle is needed! We can't do it but GOD CAN! I'm going to trust You to do what is best for these people!"

Another disciple, Andrew, pointed to a boy who had two barley loaves and two small fish. Did Andrew think that this amount of food would satisfy the hungry multitudes (John 6:9)?\_\_\_\_\_ These barley cakes were not as large as modern loaves of bread, and the two fish that he had were small also. IT WASN'T MUCH!

Like this lad, we may not have much, but it is amazing what God can do with the little we have IF WE GIVE THE LITTLE TO HIM! Do you have few talents and few abilities? Have you given what you do have to the Lord? My little becomes much when I give it to God! By faith I place it into His hands and watch Him multiply it, bless it and use it for His glory! Little is much if God is in it.

Fanny Crosby was a blind woman who wrote many of the hymns we love to sing ("To God Be the Glory" "Blessed Assurance" "Praise Him! Praise Him!" and many more). Her life illustrates the fact that God can bless and use the little that a person has:

Pag	ge	33

Name		
Name		

There was once a little blind girl;
She couldn't even see;
But she had a little talent
For writing verse and poetry.
The little bit that she could do
She gave to her Lord and King;
And now the entire Christian world
Can better rejoice and praise and sing.
Who could this little blind girl be?
Her name is long remembered—Fanny Crosby

Jesus had the people sit down in groups on the grass (John 6:10). It was Spring

(Passover seasonJohn 6:4) and at this time of the year there was plenty of grass. Did the Lord Jesus give thanks to God before the people began eating (John 6:11)?
Did the Apostle Paul give thanks to God before eating (Acts 27:35)? Do you give thanks to God before eating?
The actual miracle is described in John 6:11-13. Did the people eat as much as they wanted? Were they filled? Were there any "leftovers"? Was any food wasted (John 6:12)? This last verse is a good reminder that our Lord does not want us to waste things. Can you think of ways that people today often waste food and other items?
Exactly how Jesus performed this miracle we are not told. We just know that He did it! The same God who created a universe out of nothing and who changed water into wine is the same God who took 5 loaves and 2 fish and somehow made more and more and more loaves and fish! Is anything too hard for the Creator?
Some people who do not believe the Bible have another explanation for what they think really happened on this day. They would say something like this: "The people really had their lunches hidden away (under their robes?), but when they saw the way the little boy shared his loaves and fish they suddenly decided not to be selfish any longer. Instead they all began to bring out their food and share with one another!" Does the Bible say that it happened this way? Some people because of their unbelief try to get rid of the miracles found in the Bible, but John 6:14 makes it very clear that what Jesus did was nothing less than a M

Can you think of another time when God miraculously fed thousands and thousands of people (perhaps 2 million people or more)? This took place in the days of Moses when the children of Israel were in the desert wilderness. Every day God provided "manna" to feed and nourish the people (see John 6:31). Hundreds of years later Jesus fed a great multitude of Jews by the Sea of Galilee and many of them probably thought

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about Moses and about the Great Prophet that Moses said would someday come into the world (see John 6:14 and compare Deuteronomy 18:15-19).

# Jesus Walks on the Water

After Jesus fed this	vast multitude, what did the people want to make Jesus (John
6:15)?	They were so eager to do this that they were even ready to
	" (John 6:15). Why did they think Jesus would make the
	us their first choice as King? They probably thought something
like this: "With Jesus as o	our King all of our problems will be over. Whenever we are sick
Jesus will heal us (John 6:	2)! Whenever we are hungry Jesus will feed us and fill us (John
6:11-12)! He will take ca	are of all our physical and material needs!" There is only one
problem with all of this. J	esus' main purpose for coming to earth was not to take care of
man's physical and mate	rial needs. He came to earth to take care of man's SPIRITUAL
NEEDS! Jesus knew that	the real problem was man's heart and soul, not his body and
stomach!	
Jesus then withdr	ew from the crowds and found a place where He could be
A (John (	6:15). That night his disciples entered a boat and started off
towards Capernaum. The	ey did this because Jesus had told them to (compare Matthew
14:22). As they made the	eir way across the large lake a violent storm arose (John 6:18).
The meaning of John 6:19	9 is that they had rowed about 3 or 4 miles (a furlong is about
1/8 of a mile or about 600	feet) and therefore they were located somewhere in the middle
of the lake.	
What had Jesus tol	d His disciples? Did He tell them to go to <b>the other side</b> of the
lake or did He tell them	n to drown in the middle of the lake (see Matthew14:22)?
	As the storm arose the disciples should
	said something like this: "Lord, You commanded us to go to the
	beyed Your Word. We are counting on You to get us safely to the
other side. The storm is g	reat but our Lord is greater !"
In the middle of the	e lake and in the middle of the storm the disciples suddenly saw
•	see (John 6:19)?
	Jesus did the impossible! The laws of nature (gravity, etc.)
•	or a person to walk on water. But is God greater than the laws
	God is not a slave to His own laws! Even in Old Testament
times God showed that H	e is the Lord over gravity (see 2 Kings 6:1-7).

Name	Page 35
When the discip	eles saw Jesus "they were" (John 6:19)
· · · · · · · · · · · · · · · · · · ·	was a phantom or ghost (see Matthew 14:26). Why did they <b>not</b> 5:20)?Fear and
	r in the same house! When faith comes in, fear must leave! Those
who put their trust in th	e Lord do not need to be afraid no matter how great life's storms
might be. "When I am a	afraid, I will trust in Thee" (Psalm 56:3).
	cle took place on this lake that John does not tell us about (see
	What else happened as soon as
	the boat (Matthew 14:32)?
	What else happened according to John
6:21?	
This was quite a remark	kable boat trip! The disciples never forgot this nighttime journey!
	Jesus Is Sought After
As we have alrea	ady seen, what did the people want to do to Jesus (John 6:15)?
	They wanted a King who could
	I their stomachs and free them from Roman rule. When many of
	lesus they went seeking after Him (John 6:22-24) and on the next
•	the other side of the lake (John 6:25). Why were these people
seeking Jesus (read Joh	nn 6:26 and circle the correct answer):
a.	because they saw the miracles.
b.	because they wanted to turn from their sinful ways.
C.	because they wanted to be born again.
d.	because Jesus was the One who had filled their stomachs.
e.	because they wanted God's gift of eternal life.
Jesus spoke to th	ese people in John 6:27 (the word "meat" means "food"). Is there
something more import	ant than the food that we eat at mealtime? It is true that
Jesus gave them bread	and fish for their stomachs, but there is another kind of food that
Jesus wants to give unt	o men, a food which endureth unto
(John	6:27). How would you like to eat something and then live forever!
That's the kind of food	men should labor and work for!

The Jews seemed interested in working for that	t kind of food, so they asked, "What
shall we do, that we might work the works of God?" (	John 6:28) Jesus gave them a very
clear answer. What is the one thing that God	wants men to do (John 6:29)?
B on Him whom <u><b>He</b></u> (the Father	r) hath sent, namely JESUS CHRIST!
What is the ONE THING that pleases God (Hebrews	11:5-6)?
What is the first thing that God commands an unsave	ed person to do (see the first part of
1 John 3:23)?	According to John 6:29,
what is the work of God?	

- a. that we should be baptized
- b. that we should do good works
- c. that we should believe in Jesus Christ
- d. that we should try to keep the 10 Commandments
- e. that we should try to love God with all our hearts

This is th	e one thin	g that the	Jews did	not want	to do!	They o	lid not w	ant to
BELIEVE but the	y wanted t	o S	_ (John 6:	30). They	wanted	to SE	SIGNS!	These
people said, "LE	T US SEE	AND THEN	WE WILL	BELIEVE!'	But SE	EING S	SIGNS do	es not
produce faith! I	n fact, wha	at signs an	d miracles	had thes	e peopl	e <u>alre</u> a	ady seen	(John
6:2,14)?								<u>.</u>
Have these peo	ple seen	(John 6:36	5)?	Have	these p	people	believed	(John
6:36)?								

# Jesus Is The Bread of Life

What kind of food was Jesus talking about in John 6:27? The Jews were puzzled.
Was Jesus saying that He would give them bread from heaven even as the children of
Israel received the manna in the days of Moses (John 6:31)? No, Jesus was talking about
something much better than manna: "my Father giveth you the
from heaven" (John 6:32). What is this true bread?

In John 6:33 we learn that the TRUE BREAD is...

- a. Something that you can put in your mouth and eat
- b. A PERSON--Someone who comes down from heaven and who can give people LIFE
- c. Manna

Name Page 37
Did the Jews seem to be interested in this kind of bread (John 6:34)? <b>WHO</b>
IS the Bread of Life (John 6:35)? What kind of
people will never hunger (John 6:35)?
What kind of people will never thirst (John 6:35)?
Have you done these two things? Jesus Christ
completely SATISFIES man's spiritual hunger and thirst! Those who refuse to come to
Christ and those who refuse to believe on Him will never be fully satisfied.
Safe and Secure Forever
What promise does Jesus give to the person who comes to Him (John 6:37)? The words "no wise"
mean NEVER! He will NEVER cast out the person who comes to Him in simple faith! What
would you say to the person who says something like this: "I'm so great a sinner that I
am afraid to come to Christ. I am afraid that He will not accept me"? Remember, all who
come will be received and welcomed. How many will be cast out (John 6:37)?
How many believers will Jesus Christ lose (John 6:39)? Every person
who believes in Christ is safe and secure FOREVER! God not only SAVES but <b>He keeps</b>
people saved! Every person who sees the Son (compare the "serpent in the
wilderness"John 3:14-16 and see Chapter 2 of these notes) and believes on Him will
have (John 6:40). It is GOD'S WILL that believers have
eternal life and that they should not be lost (John 6:38-40)! These verses teach us that
it is impossible for a true believer to LOSE HIS SALVATION!
Did the Jews really BELIEVE that Jesus had come down from heaven (John
6:41-42)? They could only see the "HUMAN JESUS" (John 6:42). They did not
understand that He was the Heavenly Creator who had come down to earth. What did we
learn in John chapter 1 (verses 1-18) which clearly taught that Jesus did come down from
heaven? Jesus was not the son of Joseph (John 6:42), but as Peter said later, Jesus was
the "Son of the (John 6:69)!
Did Jesus know all about what these Jews were thinking about Him (John 6:43)?
These Jews were <b>unable</b> to come to Christ (John 6:44) because they were

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unwilling to come to Him (compare John 5:40). In their unbelief they refused to come						
to the Saviour. To illustrate this, read about Joseph's brother in Genesis 37:4"they						
CNspeak peaceably unto him." Why were Joseph's brothers <b>unable</b>						
to speak to Joseph in the right way? They <b>could not</b> because they <b>would not</b> ! Because of their sin of jealousy and hatred for their brother they were unwilling to speak to him peaceably! So likewise, man in his sinfulness is unwilling to come to the Saviour. He would						
				rather stay in the dark (John 3:19-20). He refuses to do the one thing Jesus says he mus		
				do to have everlasting life. What is this one thing (John 6:47)?		
The gift of eternal life belongs to every						
person who believes in Christ!						
Think about the manna that the children of Israel ate in the days of Moses. When						
they ate the manna did they have eternal life (John 6:49)? If a person eats of the						
bread that Jesus gives, will he ever die (John 6:50)?This person will "live F" (John 6:51).						
1 (30/// 0.31).						
Eating His Flesh and Drinking His Blood						
Jesus went on to tell the Jews something that puzzled them even more! What bread						
did Jesus give for people to eat (John 6:51)? "the bread that I will give is my						
Did the Jews understand this (John 6:52)? What did Jesus give						
for man to drink (John 6:53-54)?						
Jesus knew that in one year's time He would go to Jerusalem and die on the cross. His flesh and body would be hung on a cross and His blood would be shed. He would die so that the world might live (see the last 6 words in John 6:51). This is what Jesus meant when He spoke of His flesh and His blood.						
But how can a person eat His flesh and drink His blood? Jesus said that if a person does not do this he will have no L (John 6:53)! The person who does eat His flesh and drink His blood has E L! What did He mean by this?						

There are those today who believe that when they take communion (sometimes called "THE MASS") they are eating Christ's flesh and drinking His blood. They believe

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that the bread and the cup are changed into the actual body and blood of Je	sus. But Jesus
was not teaching any kind of $\underline{\text{cannibalism}}$ (people actually eating a	person). The
communion bread and cup are meant to $\underline{\textbf{REMIND}}$ us of what Jesus	did for us (1
Corinthians 11:24,25-"this do in	of Me"). No,
when Jesus spoke of eating His flesh and drinking His blood He meant sor	mething else.

How can a person "eat" Christ? How can a person partake of Christ? The <b>key wor</b>
in John chapter 6 is the word "BELIEVE." In John 6:29-47 can you find that key word
Verses:(6 times). The bes
way to understand the true meaning of John 6:54 is to compare it with a similar vers
found in John 6:40:

<u>John 6:40</u>	<u>John 6:54</u>
Who has everlasting life and who will be	Who has eternal life and who will be
raised up on the last day?	raised up on the last day?
"EVERYONE WHO SEETH THE	HE WHO "EATS MY
ANDON HIM!"	AND DRINKS MY"

Therefore, who is the person who eats Christ's flesh and drinks His blood? EVERYONE WHO BELIEVES ON CHRIST (THAT HE DIED BODILY ON THE CROSS AND SHED HIS BLOOD FOR MY SALVATION)! This is the person who has a real and wonderful relationship with Christ (John 6:56).

Food and drink do not do a person any good unless the person partakes of the food and drink. If the food just sits on the plate and the drink in the glass, then what good is it? We must personally receive the food and put it into our mouth and swallow it and make it part of us! The same is true with Jesus Christ. By **faith** we must **personally receive** what He has done for us on the cross: He died **FOR ME**! He shed His blood **FOR ME**! He went to the cross to save **ME**! Do you need such a Saviour? Will you allow Him to save your soul and make you whole? Do you believe on Him with all your heart? If you do, then you will L F\_\_\_\_\_\_\_\_\_\_(John 6:58)!

## **Jesus Loses Many of His Followers**

One day earlier Jesus had fed the multitudes and there were thousands of people present at that time. As we come to the end of John Chapter 6 we learn that more and more people turned away from Jesus. They loved the bread that filled their stomachs but they did not love the WORDS which Jesus spoke! Most of these "enthusiastic seekers" (see

'\_\_\_\_UNTO ME"

Jesus said,

Matthew11:28